

TEAM 19!

Supporting from the Sea to the DMZ

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KATUSA and American Soldiers celebrate friendship



TEAM 19!

19th TSC

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*U.S. and KATUSA Soldiers join together to celebrate ROK/U.S. friendship
(Photo By Pfc. Park Myung-joon)*

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Keep safety top priority during summer months

Well Team 19, it's that time of the year again. Summer is upon us and, with it, soon will be the hot weather. This is also one of the most turbulent times for our units here on the Korean peninsula.



**Brig. Gen.
Timothy P. McHale**

Many Soldiers will be moving to other places, and many more Soldiers will be coming here to Team 19. So, we must all be proactive in our force protection measures and get our safety message across to both the old and new.

Units must continue the Heat Injury Prevention Program training, and everyone must be on the lookout for potential heat casualties.

Give your Combat Life Savers additional training and focus on heat prevention and symptoms. Thorough risk assessments and CLS trained Soldiers must be available during all training events, including PT.

Leaders, you must verify your Soldiers are hydrated and take time to talk to your Soldiers about previous heat injuries.

One of the leading causes of skin cancer in young adults results from sunburn, so include sunburn prevention in all safety briefings.

The Army's risk management process has proven successful in mitigating injuries. Therefore, you must integrate risk management into all phases of planning, training and execution. Blank, downloadable, and easy-to-use Risk-Assessment forms can be found online in 19th TSC Intranet site at <http://19tsckmp/sites/command/19safety/default.aspx>

This is traditionally a high-personnel turnover period for units in Korea, and our training exercises require a large number of drivers; many will be new to driving in Korea. Your driver's training programs must produce competent, confident and well-trained drivers to operate our vehicles, day or night.

Maintaining your drivers' training programs are the key to ensuring our Soldiers are the best qualified and safest drivers on the road.

Here in Korea, we can also expect rain from June through August, and the most dangerous driving time is when rain first begins to fall. Roads will become very

slippery due to rainwater mixing with motor oil drops on the pavement, so you must reduce driving speeds to help compensate for loss of traction and reduced visibility.

Never attempt to cross flooded roads and streams, as heavy rains cause wash-outs, especially on secondary roads and on roads near rivers and small streams.

Remember to always test your vehicle brakes after driving through deep puddles.

Every member of the Team 19 family is a valued member. We cannot accomplish our mission without you.

We must all look out for one another, as we cannot afford to lose a single member of this team. Be on the lookout for those situations that are potentially dangerous, and mitigate those factors with sound risk management principles.

Remember, we are one team, with one goal and one purpose. Together we must be ready and postured to fight tonight here on the Korean peninsula and abroad.

You have my total faith and confidence in your abilities. I am proud of each and every one of you. Gachi Gapsida. Team 19!

Team 19 talks ...

Which of your summer activities will require special safety attention?



Any outdoor summer activity requires special attention to safety. Adequate planning can help prevent heat injuries. Remember to remain well hydrated and use plenty of sunscreen.

Joseph Sapp Jr.
MSC-K



Mind what you eat and drink in the summer, because food goes bad quickly in hot weather. I don't want to see my buddies go to the TMC due to food poisoning.

Sgt. Kang, Kyung W.
HHC, 20th ASG



I'll be traveling back and forth from the United States, and I will be watching for terrorist threats.

Spc. Raymond
Liddell Jr.
55th TMMC



As a part of the Daegu Army running club, usually what we do is bring extra bottles of water with us or water in a Camel Back when we're running.

Maj. Sylvia A. Bennett
19th TSC



I will be doing a lot of running, so I have to be mindful of the area where I am running. I also need to be properly hydrated and wear reflective gear.

Master Sgt. Lawrence
Sheppard
HHC, 19th TSC

343rd ROC deploys to Korea

Story and photos by
Sgt. Hwang Kyoo-Won

Soldiers from the 343rd Rear Operation Center deployed to Korea from the United States and Japan to conduct an exercise May 9-13 with the 23rd Area Support Group at Camp Humphreys.

"We are the rear operation center for the 23rd ASG," said Master Sgt. Richard Scott, 343rd ROC, 23rd ASG.

"We provide the commander of the 23rd ASG information pertaining to the defense of Area III," said Scott.

The 343rd ROC provides security updates with recommendations to better secure the area, as well as how to react to enemy threats, he said.

If enemy (special operations forces), for example, attacked a base or a railhead, it would be the 343rd ROC's job to plan the response to that threat, said Scott.

"Also, we would contact the Republic of Korea units nearby for support," Scott added.

The 343rd ROC Soldiers train one weekend a month, so they consider this exercise with the 23rd ASG an opportunity to see what happens during wartime, said Scott.

The exercise helps the Soldiers from 343rd ROC understand the 23rd ASG Soldiers' mission, and it helps the 23rd ASG Soldiers understand what the 343rd ROC Soldiers do for them, said Lt. Col. Karla Langand, officer in charge of 343rd ROC.

"We can train on our own and with parts of the sections from 23rd ASG, but this is the only time we get to train with all of 23rd ASG," said Langand. "Our Soldiers can see how the information they generate affects us and how the information we generate affects them."

Because the 343rd ROC only trains one weekend a month, the Soldiers had some challenges to overcome in order to work effectively with 23rd ASG.

One challenge Scott mentioned was integrating new personnel into the 343rd ROC.

"Some of our personnel this time around are new," he said. "There are three Soldiers, including me, who know about what's going on here. The rest are mainly new and are in the learning process."

"Another challenge is that 23rd ASG is continuously updating their equipment and



Soldiers from 23rd ASG and 343rd ROC exchange information about the defense of Area III during a recent exercise at Camp Humphreys.

their computer communications. We update ours monthly, so sometimes we're not quite as updated with communications," said Scott.

Despite the challenges, the Soldiers of the 343rd ROC did their best and strived hard to learn about their missions, said Langand.

"It's my first time participating in this exercise, and sometimes I get confused," said Spc. Kwon, Oh Young, 343rd ROC. "I'm learning as much as I can, and I'm sure that I'll be well prepared for the next exercise."

Since this exercise is essential training for the new Soldiers, the leaders of 343rd ROC are stepping back and allowing the Soldiers figure things out on their own, said Langand.

"This is probably the number one training event in our calendar year, and it provides us with an opportunity to work out some problems and see what we need to improve on," said Scott.



Spc. Kwon, Oh Young, 343rd ROC, draws the perimeter of Area III on an overlay.

501st evaluates warfighting skills

**Story and photos by
Sgt. Hwang Kyoo-Won**

Soldiers from the 501st Corps Support Group conducted their External Evaluation with a new twist May 10-13 at Camp Red Cloud, Uijongbu.

Embedded within the 2nd Infantry Division's Warpath Exercise, the EXEVAL evaluated the 501st CSG's execution of their wartime mission in support of the 2nd Inf. Div.

"This is a warfighter ramp-up prior to the warfighter exercise next month, where the 501st CSG is providing critical and responsive Combat Service Support to 2nd Infantry Division," said Sgt. Maj. Wilfredo Quiles, operations, plans and training sergeant major for 501st CSG.

Because the EXEVAL was embedded within Warpath, a lot of coordination and synchronization occurred between 19th Theater Support Command, 2nd Inf. Div. and the 501st CSG.

Leaders of 501st CSG conducted parallel planning with 2nd Inf. Div. planners to ensure synchronization between plans. This synchronization is critical and must be well planned to ensure successful combat operations, said Quiles.

To visualize the battlefield, the 501st CSG needed to ensure it had the same common operating picture and understood the commander's intent and training objectives, he added.

To conduct this EXEVAL, the 501st CSG established its Tactical Operation Center to maintain operations.

"The TOC is the brain cell, where you

command and control your forces and synchronize your operations with higher command and with subordinate units to ensure mission accomplishment," said Lt. Col. Levern Eady, deputy commander of 501st CSG.

During the exercise, Soldiers were eager to learn and demonstrate their warfighting capabilities, as this was an opportunity for all participants to improve their warfighting tasks and drills, said Eady.

"This was an opportunity for the battle staff to demonstrate our wartime proficiency on our critical battle tasks," said Eady.

Training is always beneficial for those who participate, said Sgt. Kim, Myung Chul, 501st CSG.

"Through this exercise, I learned things that I normally don't do in the office," said Kim. "At first, of course, no one is good at it. But training makes it perfect."



Lt. Col. Levern Eady, deputy commander, 501st CSG, reviews reports during the EXEVAL.



Sgt. Kim, Myung Chul, HHC, 501st CSG, checks a satellite, which is used to synchronize operations from the TOC.



Team 19 visits Andong

A house in the Hahoe Mask Village stands as an example to tourists of the traditional style of architecture used in the construction of Korean homes during the Chosun Dynasty.

Story and Photos By Pfc. Park Myung-joon

Life in Korea offers Soldiers from the U.S. Army many opportunities to experience Korean culture. But taking that first step outside the installation and into the local color may be difficult for many. Differences in language and customs can seem intimidating.

One program aimed at making that first step a little easier for the Soldiers in Area IV is the

annual Andong tour sponsored by the Second Republic of Korea Army.

This year's tour on May 19 focused on showcasing Korean culture and featured many local businesses and attractions.

"This tour is a way to express our gratitude for the support the U.S. Army has provided on the peninsula. This is a good chance for both U.S. Army Soldiers and ROK Army soldiers to get a better understanding of each

other," said Lt. Col. Moon, Sin, commander, Defense Security Unit Detachment, 50th Homeland Reserve Division, SROK Army.

Residents of Andong consider their city the home of Korean spiritual culture, because it's the home of the Dosan Seowon, a 500-year old school for Confucianism.

Because it's considered one of Korea's spiritual places, the city has many attractions foreigners can experience the Korean culture.



This historical port at the Andong Dam was actually the set of a popular Korean Soap Opera. It is used as an example of traditional Korean architecture.

To help with the language barrier, Andong City provided an American tour guide for the trip.

"I think it's really good for U.S. Army people to experience the Korean culture, because this will give them a better understanding of Korean culture," said Mark Schaerf, an Andong City employee.

Participants started their trip by visiting the Andong Cultural Museum.

There they viewed artifacts dating back 600 years to the beginning of Confucianism in Korea, including writing brushes, Hahoe masks (a traditional Korean art form originating in Andong) and mannequins posed in positions seen in Korean traditional ceremonies and games.

One participant, Spc. Jake Martin, Headquarters and Headquarters Company, 19th Theater Support Command, said the museum offered many insights into Korean behavior.

"It helped me a lot to understand the nature of the Korean people. It gave me a better understanding of how and why they react to certain things. It's rather interesting to note our differences and similarities," he said.

Following the museum tour, the group walked around the beautiful lakeside of Andong Dam.

For lunch, they had a steak at the Andong Tourist Hotel.

"We tried to be understanding of American culture, so we decided to have lunch where we could eat while

sitting on a chair," said Moon.

After lunch, the tour continued at the Andong Soju (Traditional liquor) Factory. Participants sampled soju and hangwa (Korean Traditional cookie).

The next stop was at the Andong Mask Village, which is famous for its unique masks.

The last part of the trip was a tour of the hanji (traditional paper) factory in Andong City. There, the participants were offered the opportunity to make their own hanji, which they were allowed to keep as a souvenir of their visit.

"I've been in Korea for five months. The trip here gives me more understanding and experience with the Korean culture. I'm going to be here two years, and this trip will give me more awareness of Koreans and the Korean culture for a better stay in Korea," said 2nd Lt. Michael Rosa, HHC, 19th TSC.



Tour participants take advantage of the opportunity to make their own Hanji (Korean traditional paper).



Various items sit on display at the Hanji gift shop, as examples of the many uses of traditional paper.



Sgt. Sohn, II Do, HHC, 19th TSC, explains the significance of the scenery at Andong Dam to Spc. Jake Martin, HHC, 19th TSC, during their tour of Andong.

Sports, culture and U.S. Soldier Friendship

Story and Photos
By Pfc. Park, Myung-joon

For more than 50 years, Korean and American Soldiers have worked side-by-side in the same units, eaten in the same dining facilities and lived in the same barracks together.

This partnership has fostered a level of friendship and unity between these two countries found nowhere else in the U.S. Army. No other U.S. ally has an equivalent to the Korean Augmentation to the U.S. Army program.

U.S. and KATUSA Soldiers celebrated their unique friendship May 23-26 with a variety of athletic and cultural activities during the eighth annual KATUSA and U.S. Soldiers Friendship Week.

While the event was held throughout the peninsula, the majority of the activities for the 19th Theater Support Command took place in Daegu.

"KATUSA and the U.S. Soldiers are the marrow of every unit in the Eighth United States Army. We are here to recognize and praise the importance of both countries' Soldiers. So the KATUSA and the U.S. Soldiers Friendship Week beginning today is a celebration to reward and encourage your la-



Col. Steven M. Green, chief of staff, 19th TSC, and Friendship Week participants during the evening ceremony.

bors," said Capt. Kim, Jung Gu, Area IV Support Activity, Republic of Korea Army Staff, during the opening ceremony.

"Throughout the coming week, the American and Korean Soldiers will interact in the spirit of friendship, camaraderie, sportsmanship and cross-cultural understanding," said Col. Steven M. Green, chief of staff, 19th TSC, who represented the 19th TSC at the opening ceremony.



Participants in the 10-kilometer run blast off from the starting line in front of Kelly Gym on May 23.



Soldiers from the 2nd Republic of Korea Army's 201st Special Forces Brigade gave a martial arts demonstration during the opening ceremony of KATUSA and U.S. Soldier Friendship Week.

nd talent make KATUSA, ship Week picture perfect



addresses the assembled KATUSA and U.S. Soldier
nt's opening ceremony at Kelly Field May 23.

"This time is set aside each year for KATUSA and U.S. Soldiers to interact outside their normal duty environments," he said. "It gives the finest Soldiers from their respective nations several days to compete against each other in a variety of sporting events and opportunities to participate in Korean cultural activities."

Six sporting events – soccer, basketball, softball, a 10-kilometer run, a company relay race and Ssi-Rum (a Korean form of wrestling) were held throughout the week.

The celebration ended with a trip to Woobang Tower (a local amusement park) and a talent show.

Winner of the 10-kilometer run, Staff Sgt. Angella R. Jackson, Headquarters and Headquarters Company, 19th TSC said during the race, she felt the bond between the U.S. and KATUSA Soldiers was strengthened.

Pfc. Lee, Ki Won, 154th Medical Detachment, said he also felt the spirit of friendship between the American Soldiers and his fellow KATUSAs.

"I ran with the U.S. Soldiers based on the motto of

'Let's go together'. When I felt tired throughout my body, I was reminded of that motto, which is printed out on the back of my T-shirt," he said..

Many of the participants said they had a good time during KATUSA and U.S. Soldiers Friendship Week, competing with and alongside each other.

"The KATUSA and U.S. Soldier Friendship Week gave us the opportunity to strengthen the bond between ourselves and the American Soldiers," said Cpl. Kang Tae Jong, HHC 19th TSC, who was a participant on his unit's first-place, talent-show team.

"Our mission is significant to both our nations. Reinforcing the strength of the combined forces by defending our nation and upholding democracy is one of the principal reasons that we are here," said Command Sgt. Maj Kim, Won Dae, Area IV ROKA Staff.

"Each of us, whether KATUSA or U.S. Soldiers, have difficulties in our daily lives," he said. "However, I believe that if we stand as one team, no obstacle can stop us. This festival is part of that united effort. Let us move forward together to accomplish our missions."

Unit Winners

(1st and 2nd Place)

Softball: Area IV KORO and 188th MP Co.

Soccer: 728th MP Bn. and 55th TMMC

Ssi-rum: 728th MP Bn. and 55th TMMC

Basketball: 36th Sig. Bn. and 168th Medical Bn.

Talent Show: 19th TSC and CSCT#2

10km Run: *Female* - 19th TSC and 36th Sig. Bn.

Male - 728th MP Bn. and 2nd EN Bn.

Company Relay Run: 36th Sig. Bn. and 728th MP Bn.

Overall Winner: 728th MP Bn.



Camp Walker.



U.S. Soldiers test their skills at Ssi-rum, a traditional Korean form of wrestling in which competitors use sashes to try and force their opponents to the ground.

Head Start Program helps make transition to life in Korea easier

Story and photos by
Pfc. Park, Myung Joon

It's natural for newcomers to Korea to feel anxious about venturing outside their installations. For many, the differences in language, culture and customs in Korea can be intimidating.

In Area IV, a Head Start Program was implemented to help Soldiers and their family members make the transition to life in Korea.

Head Start, modeled on the program in Germany, is a Korean language and culture class for incoming Soldiers and their spouses who are living in Daegu. Basic Korean language, culture and customs are taught during the training, said Lt. Col. Bryan Groves, Civil Military Operations officer, 19th Theater Support Command.

"Most of the Soldiers who go to the Balkans, Afghanistan and Iraq spend most of their time behind the wire and rarely see civilian life. However, in Korea, a large percentage of Soldiers and their families are required to live outside of their camps, so they actually need this type of training more than those who went to Iraq, Afghanistan or somewhere like that," said Groves.

The Head Start Program was previously established in Korea, but it has never been maintained, he said.

"The Newcomers Brief is a mandatory thing for Soldiers. It covers mostly U.S. Army requirements for Soldiers and civilians in Korea. But there's very little about Korean culture, and there's not enough time to teach and practice greetings, key phrases and cultural do and don'ts," said Groves.

The Head Start Program lasts for two and half days and includes nine hours of instruction on key phrases, greetings and key questions, he said. After the language instruction, there is a block of instruction about Korean culture.

The last part of Head Start is a four-hour tour of Daegu, Groves said.

Keimyung University in Daegu provided

three instructors for this program, which provided learning experiences for both the students and the instructors.

"Before I started to teach Korean to the U.S. Soldiers, frankly speaking, I had some prejudices against American Soldiers. However, I learned that Soldiers are eager to understand the Korean language and culture. I'm personally proud of teaching them," said Jeong, Jae-Young, Keimyung University professor.

"The program was very informative to me, because the instructors

taught us basic Korean key words and cultural differences. It also helped me understand how Koreans think about us," said Spc. Dustin Schuster, Training and Operations Office, 19th TSC.

During the Daegu tour, participants went to Yangnyeongsi — one of the most famous Korean herbal medicine markets. They also went to a Korean traditional market place, Seomun Market, and had an hour to shop. After shopping, they had lunch together and talked about the tour.

"I could feel how well [the Korean people] wanted to treat me during the Daegu tour. This helped me feel more comfortable looking around local areas," said Pvt. Joseph C. Schablik, enlisted strength clerk, Adjutant General Office, 19th TSC.

For Soldiers and family members who are interested in attending the program, Head Start classes are planned from July 20–22. For more information, call Groves at 768-8596.

"This training makes Soldiers feel more at ease about participating in partnership activities with Republic of Korea

Army units and Korean National employees. This will make them better neighbors to Koreans," said Groves.



Pvt. Joseph C. Schablik tries on a Hanbok, Korean traditional clothing, at Seomun Market.



Jeong, Jae-Young, Keimyung University professor, describes the food at a Korean traditional street eatery at Seomun Market to the participants of the Head Start Program.



Soldiers from the 520th Maint. Co. and children from Ae Hyang Orphanage prepare to compete in the "four-legged" race.

520th Maint. Co. celebrates Children's Day with local orphans

**Story and Photos By
1st Lt. Brian H. Rhee, 520th Maint. Co.**

Soldiers from the 520th Maintenance Company, 194th Maintenance Battalion celebrated Children's Day May 6 at the Camp Humphreys Commander's Community Center with local orphans from Pyeongtaek.

Children's Day is a traditional Korean holiday when parents and grandparents take time to appreciate the next generation with gifts and games.

In celebration of the day, the "Raiders" of the 520th Maint. Co. threw a party, which included games and a barbeque for about 40 children from the Ae Hyang Orphanage.

"We visited the Ae Hyang Orphanage on Thanksgiving and Christmas, so this

time around we wanted to bring the orphans to Camp Humphreys," said Capt. David N. Normand, commander of the 520th Maint. Co. "Events like this are positive experiences for all involved. The orphans get to experience a Children's Day that they would not otherwise have, and the Soldiers all had a great time."

The games consisted of an all-day competition between three teams – green, orange and blue.

After several different events, the competition was close, but eventually the orange team earned a narrow victory.

One of the highlights of the event was a "four-legged" race in which one U.S. Soldier and two Korean Children had their feet tied together.

"I had a great time. It's not everyday

that we get to play with children and have so much fun," said Sgt. Rosemarie Valentino, 520th Maint. Co.

"I have two children of my own, and these children remind me of how much I miss them," she said.

"Events like these are excellent opportunities for the Soldiers to interact and contribute to the local community," said Sgt. 1st Class Stacey M. Turner.

"This event was locked in tight, and I'm glad everyone had so much fun. I only wish that I could have made it to the Thanksgiving orphanage party last year," she said.

The Soldiers from the 520th Maint. Co. invited the children to visit again in the near future to further develop the unit's relationship with the Ae Hyang Orphanage.

Busan Aquarium: Deep-sea fun o

Story and photos

By Sgt. Jimmy Norris

Many Soldiers may believe the most dangerous predators they'll encounter while stationed in Korea are the mosquitoes. But the skeleton greeting visitors from the bottom of a piranha tank in Busan tells a different story.

While the skeleton may be artificial, the piranhas, along with a sign warning visitors to keep their hands out of the water are very real. And piranhas are just one of the many underwater attractions awaiting tourists at the Busan Aquarium.

Located adjacent to Busan's Hyundai Beach, the aquarium is home to more than 250 species and features the largest grey nurse shark and penguin colonies in Korea.



A longhorn cowfish admires its reflection against the wall of one of the Busan Aquarium's

Its two floors feature 50 tanks, containing a variety of marine animals housed in about 3,500 tons of water.

The main portion of the aquarium is divided into two floors, with the tour starting on the upper floor.

The first (upper) floor features a variety of fresh-water fish, Korean small-clawed otters and blackfooted penguins.

The first floor is also where visitors can get their first view of one of the aquarium's more impressive displays, a two-story (22-foot) coral reef display filled with colorful tropical fish and corals.

The second (lower) floor features some of the more frightening displays.

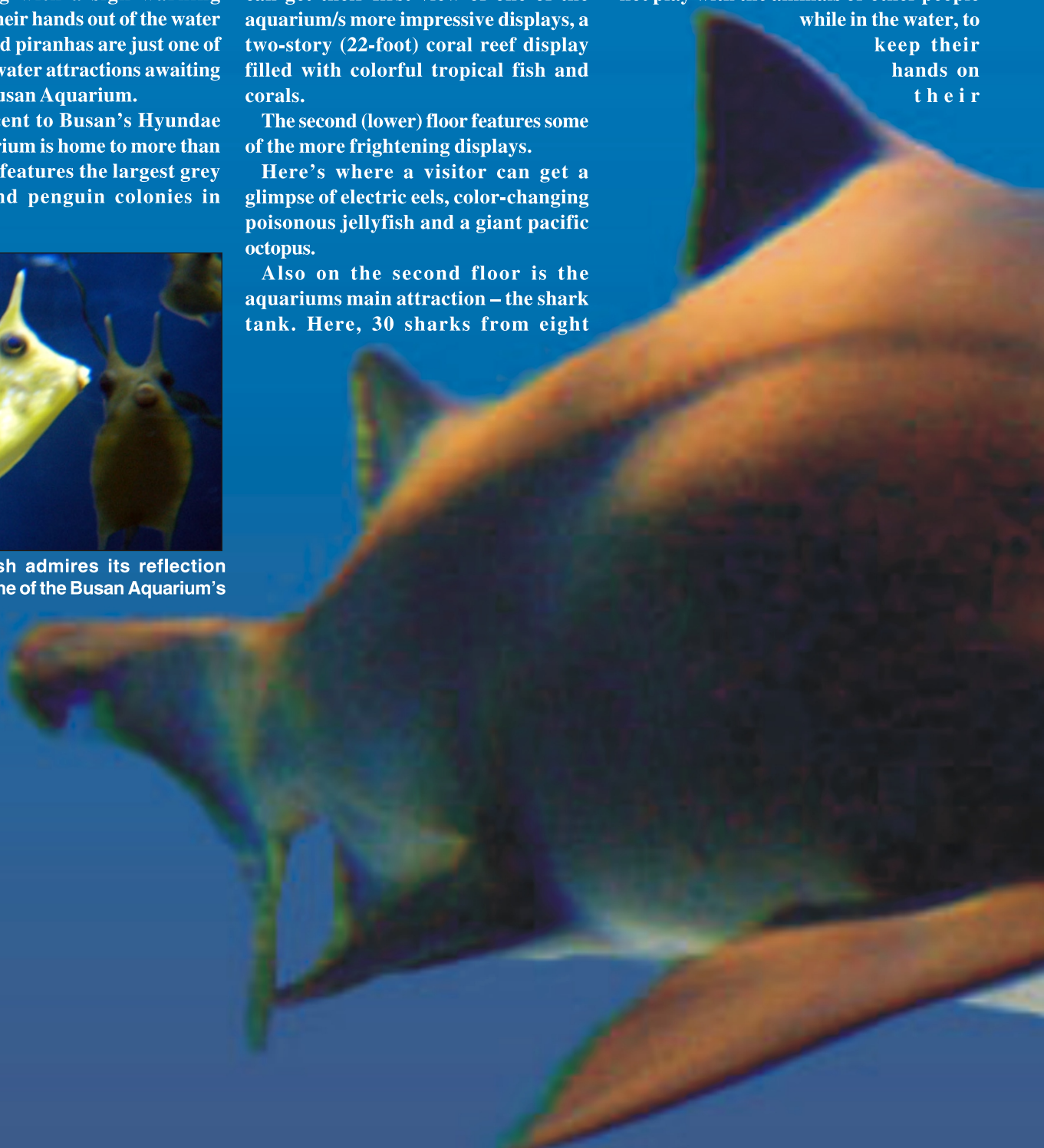
Here's where a visitor can get a glimpse of electric eels, color-changing poisonous jellyfish and a giant pacific octopus.

Also on the second floor is the aquarium's main attraction – the shark tank. Here, 30 sharks from eight

different species swim peacefully with giant sea turtles and stingrays.

Those who feel the glass on the shark tank provides too much of a barrier can take a dip with these predators of the deep for prices ranging from 55,000 to 75,000 won, depending on the experience of the diver.

As a safety measure to keep visitors from being bitten, divers are instructed not to not play with the animals or other people while in the water, to keep their hands on their



n Hyundai Beach

stomach to avoid the chance of having their limbs mistaken for prey, and not to exhale while the sharks swim overhead.

Visitors who don't feel quite daring enough for a shark dive, but still want a closer view of the sharks, can take a glass bottom boat ride over the tank for 5,000 won.

There are also temporary and seasonal displays at the aquarium. Currently a frog exhibit, featuring 80 frogs from 12 different species, is on display on the upper floor of the aquarium.

In the near future, the aquarium staff will add more sharks and ocean sunfish to their collection.

The aquarium is open year round – from 10 a.m. to 8 p.m. on weekdays and 9 a.m. to 10 p.m. on weekends and holidays. During

summer, from July 17 to August 24, the aquarium will be open from 9 a.m. until midnight.

Admission is 14,500 won for adults, 12,000 won for students ages 14 to 19 and senior citizens, and 9,500 for children ages four to 13. Children under four receive free admission.

Special rates are available for groups larger than 20 people. The Busan Aquarium accepts most credit cards and there is an ATM available in the adjacent food court.

Whether visitors are in the mood for an adrenaline filled shark-diving adventure, or just a pleasant afternoon with their families, the Busan Aquarium provides some unique opportunities for tourist looking for something different to do in Korea.



A giant sea turtle swims peacefully along the bottom of the shark tank at the Busan Aquarium.



Deadly piranhas circle their "latest victim" as part of the fresh water fish display at the Busan Aquarium.



From TEAM 19 Magazine

일상생활 영어 표현 및 이런 것이 사람들에게 알려졌으면 좋겠다는 내용을 가지고 있는 분은 저희 사무실 DSN 768-7353으로 연락 주시기 바랍니다.

Expression

1. Let me pick up the tab. - 제가 사겠습니다.

A : Let me pick up the tab.

A :제가 사겠습니다.

B : No way. You paid last time. This one's on me.

B : 무슨 소리입니까. 지난번에도 당신이 냈습니다.오늘은 제가 사겠습니다.

A : Thanks.

A : 고맙습니다.

2. Let's stay in touch. - 연락하면서 지냅시다.

A : Goodbye. Jackie! Take care of yourself.

A : 잘가십시오. 재키! 몸조심하십시오.

B : You too.

B : 조도 몸조심하세요.

A : I'm very happy that you visited me in Seoul.

A : 서울을 방문해 주셔서 기쁩니다.

B : So am I.

B : 저도 그렇습니다.

A : Let's stay in touch.

A : 연락하며 지냅시다.

B : Sure. I'll drop you a line when I get to

New York.

B : 좋습니다. 뉴욕에 도착하면 편지 하겠습니다.

3. I have a crush on her. - 난 그녀에게 마음이 끌립니다.

A : May I tell you something?

A : 이야기 좀 해도 되겠습니까?

B : Of course.

B : 물론이죠.

A : It's about your friend, Miss Lim.

A : 친구분 미스임에 대해말입니다.

B : What about her?

B :무엇입니까?

A : I have a crush on her.

A : 그녀에게 마음이 끌립니다.

1통신여단 41통신대대를 방문하고서...

미8군 공보실 최의진 일병

1통신여단41통신대대건물에도착하여기자
41통신대대선임병장이상훈상병으로부터부대
소개를들으며인터뷰를시작하였다.

1통신여단 41통신대대는 본부중대, 201중대, 275중대, 362중대, 그리고 의정부에 위치한 552중대로 구성되어 있었다. 대대를 총괄하는 역할을 하고 있는 본부중대는 미측에 대한 대대 카투사의 대표이자 한측 지시 사항 및 관련 업무를 맡고 있는 대대 선임병장이 있는 곳으로 군중병, 화학병을 포함하여 여러 행정병, 전산병 카투사들이 근무하고 있었다. 201중대는 제2지역대 전체의 컴퓨터 관리 및 문제 발생 시 파견 수리 및 부대전상망을 관리하고 있었는데 동시에 용산지역 내 각종 행사가 있을 시에 필요한 각종 서버나 네트워크 설치를 담당하는 중대였다. 275중대는 부대 내 모든 전화를 설치하고 이동 및 제거를 맡고 있었고 362중대는 각종 위성 통신 장비와 AFKN 라디오, 텔레비전 등의 전파 통신 운용 장비들을 관리 유지 및 보수를 맡고 있었다.

이상병은 각종 대별로 각기 다른 훈련 일정에 대해 설명했다.

“41통신대대의 각 중대들은 한미 연합 전시 증원 훈련이나 을지포커스 렌즈 훈련 때의 훈련 지가 각기 다릅니다. 본부중대는 보통 캠프 코너에서 행정 업무를 지원하고, 201중대는 용산 기지에 남아 있으며, 275중대는 캠프 통과 남산으로 가서 훈



통신탑을 점검하고 있는 41대대원들의 모습.

련에 임하게 됩니다.”

41통신대대 275중대 성동현 상병이 훈련에 대한 설명을 덧붙혔다.

“275중대는 훈련때에 본부소대가 캠프룸에 가게 됩니다. 일상적인 업무를 하면서 훈련도 병행하는 게 되는데 전시에 캠프룸에서 업무를 잘 수행할 수 있도록 행군도 하고 여러 수업을 경험 많은 부사관들이 진행하게 됩니다.”

이어서 41통신대대 275중대 김대욱 일병은 “본부소대 이외의 소대들은 훈련시 남산으로 향해 그곳의 송신탑을 지키는 훈련을 하게 된다”고 덧붙였다. 보통 1년에 4번의 대규모 훈련을 한다는 41통신대대는 한미연합전시증원훈련, 을지포커스스켄즈 훈련 및 두 훈련 전의 위리어스툼 훈련에 참가하여 전시상황에 대한 대비를 한다고 한다.

41통신대대는 또 독특한 방식으로 정신훈련 교육을 받고 있었다. 41통신대대 본부중대 최현민 일병은 “41통신대대 정신훈련 교육을 매우 자랑스럽게 생각한다”고 말하며 “토론식으로 이루어지는 데 상당히 자유로운 토론이 이루어지고 토론에 참여하면서 여러 가지를 보고 배우는 것 같다”고 말했다. 이 41통신대대의 정신훈련 교육은 대대원이 돌아가면서 순서에 맞게 자신이 주제를 정하여 발표를 하고, 발표가 끝나며 대대원들의 거수 토론이 이어진다고 한다. 최일병은 “동료 카투사들이 발표하는 것을 들어보면 그들의 주장이 논리정연하고 포용력 있어 과연 이들이 미래 대한민국을 이끌 믿음직스런 인력이라는 느낌이 든다”고 덧붙였다. 41통신대대 362중대 김홍원 상병이 41통신대대의 특별한 정신훈련 교육에 대해 설명을 이었다.

“정신훈련 교육의 토론 주제들은 대대 정신훈련 교육 자료를 기본으로 하되 그것의 방향에 크게 벗어나지 않는 형식으로 하는 것이 보통입니다. 발표자가 자율 주제를 정해 토론을 하게 되는데 예를 들어 얼마 전에는 국가적으로 큰 이슈가 되었던 독도 문제에 대해 우리가 취해야 할 자세는 무엇인가 하는 것에 대해 토론을 해보았습니다. 다채로운 의견들이 나오고 자유로운 토론을 할 수 있는 시간이었습니다.”

최일병은 또 수요일 정신훈련 교육 시간이 끝나면 점식 식사 후 이어지는 영어 교육에 대하여 설명해 주었다. “오후에는 중대 단위로 영어 교육을 합니다. 보통 영어 학습지를 이용하여 교육을 하는데 저희 본부중대와 같은 경우 중대 미군이 영어 교육을 도와줍니다. 저희들이 학습지를 공부하다 중요하게 생각되는 점이나 어려운 부분을 스크랩해서 수업 시간 때 질문하는 형식으로 수업이 이루어지게 됩니다. 또 책을 읽으면서 저희가 잘 이해 못하는 뜻이나 자주 쓰이는 단어, 숙어를 설명해주는 방식으



건물 침투 훈련을 하고 있는 275중대원들의 모습

로 진행됩니다. 가끔 영어로 된 보드 게임을 하기도 하고 자유로운 분위기에서 많은 것을 배웁니다.”

자유로운 분위기 속의 정신교육 훈련과 영어 교육을 언급하며 최일병은 “41통신대대는 모든 인원이 자율적으로 정해진 규율을 잘 지키고, 선임병장들 또한 각 중대를 잘 이끌어 나가”고 있다고 말하며 “자유로 우면서도 질서정연하게 유지되고 있다고 생각한다”고 덧붙였다.

41통신대대는 기자가 그동안 부대탐방을 하며 방문한 부대 중 가장 많은 대외 활동을 하고 있었다. 최일병은 “41통신대대 지원대장이 봉사 활동을 매우 중요시 여겨 중대 별로 주말에 할 수 있는 봉사 활동을 조사하게 했다”고 말하며 “조사 후 50여 개 정도의 봉사 활동 정보를 얻을 수 있었고 현재는 개별적으로 구청에 소속되어 봉사를 하는 인원도 있고 통역 봉사 활동을 하는 인원, 장애인 복지 시설에서 봉사 활동을 하는 인원 등 여러 방면에서 대대원들이 휴일을 활용하여 봉사를 하고 있다”고 덧붙였다.

최일병은 또 그가 말았던 초등학교 영어 교육에 대해 설명했다.

“초등학교에 토요일마다 방문하여 학생들의 특별한 활동 시간을 활용하여 영어 교육을 도와주고 있습니다. 기본적으로 미군과 카투사가 같이 방문하여 교육하고 있지만 위낙 자율적인 것이기 때문에 미군들이 빠지는 경우가 가끔 발생하여 카투사들끼리 가게 되기도 합니다.”

41통신대대는 지역 단체를 위한 집짓기 운동도 하고 있는데 일년에 2번 정도 미군을

포함하여 대대적으로 가게 된다고 한다. 최일병은 “41통신대대 군종실에서 지원하는 집짓기 운동에 참여하여 집짓기는 물론 미군들과 한국인들 사이에 통역도 도와주고 있다”고 말했다. 그들은 또 2개월에 한번씩 특정보육원에 찾아가 보육원 아이들과 즐거운 시간을 보내고 있었다. 특히 작년 크리스마스 같은 경우는 산타복장해서 찾아가 선물을 나누어 주고, 최근에는 용사 기지에 아이들을 데리고 와서 극장에서 영화를 보며 즐거운 시간을 보냈다고 한다.

41통신대대원들은 휴일에는 이런 훌륭한 대외 활동으로 펼치고 있는 동시에 근무 시간에는 군인으로서 자신들의 몸을 강하게 단련시키고 있었다. 41통신대대 본부중대 김동준 일병은 “매주 월요일에 선임 하사관이 인솔하는 피티를 한다”고 말하며 “전시에 자신의 동료가 다치는 일이 생길 때를 대비해서 한 명당 한 명은 짊어질 수 있는 능력을 키우기 위해 사람을 어깨에 짊어지고 뛰는 운동을 한다. 또 조만간 통나무 짊어지기 운동도 할 계획”이라고 덧붙였다. 275중대는 피티 시간을 활용해서 2달에 한번씩 군장을 매고 남산 정상까지 올라갔다 내려오는 운동을 한다고 한다. 또 362중대는 매주 수요일 아침에 카투사들이 주관하여 태권도를 하고 있다고 했다.

우리 군의 통신보안을 위해 힘쓰고 있을 뿐 아니라, 지역사회를 위해 자신의 시간을 쪼개 봉사하고 있던 41통신대대원들의 노고를 잊을 수 없을 것이다.



19th Theater Support Command

SUMMER SAFETY



By Roy Grammar
Safety Manager

HEAT INJURIES

The most frequently encountered types of heat injuries are heat exhaustion and heat cramps. Less common, but of greater significance, is heat stroke. Causes of most heat injuries are loss of salt and water from the body and a failure of the sweat mechanism, resulting in an increase of body temperature or heat stroke.

Heat cramps are primarily caused by excessive loss of salt from the body. The symptom is extremely painful contractions of the voluntary muscles, especially in the abdomen.

Heat exhaustion is caused by excessive loss of water and salt from the body. The symptoms include profuse perspiration, pallor of the skin, low blood pressure and other manifestations of peripheral circulatory collapse. Victims may complain of headaches, mental confusion, drowsiness, extreme weakness, vomiting and visual disturbances.

Heat stroke IS A MEDICAL EMERGENCY. Symptoms include extremely high body temperatures, total absence of perspiration and skin that is red and hot to the touch. The individual is usually in a coma. Heat stroke is a breakdown in the body's heat-regulating mechanism. Individuals who have not been acclimatized are especially prone to heat stroke.

Ways to Prevent Heat Injuries:

- Encourage Soldiers to drink water, thirst is not a good indicator of a heat injury.
- Gradually acclimatize Soldiers to hot climates.
- Ensure personnel are in the best physical shape possible.
- Tailor work schedules to fit the climate.
- Protect yourself from the environment by ensuring you wear loose fitting clothing to permit air circulation. Wear sunscreen, hats and sunglasses.
- Educate personnel how to recognize early signs of heat injuries, and apply immediate first aid.
- Take frequent rest breaks, in the shade, if possible.
- For more information please visit <http://19tsckmp/sites/command/19safety/default.aspx>

